Team: The believers of Elmdon **Rector:** Revd Bekah Clark

Connect with us: contact@elmdonchurch.org 0121 743 6336

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Next Sunday, 16th June

Our time together begins with refreshments at 10.30am

11.00am Holy Communion with Kids in Christ

Bekah Clark will preach on 2 Corinthians 9:6-15

Open Church: 2.00pm-4.00pm

Midweek service:

Tuesday, 18th June at 2.00pm

News for the 16th June edition of the news & prayer sheet should be sent to <u>news@elmdonchurch.org</u>
by 7pm on Wednesday, 12th June.



9th June 2024

"Therefore I endure everything for the sake of the elect, that they too may obtain the salvation that is in Jesus Christ, with eternal glory."

(2 Timothy 2, verse 10)

The Elmdon Church 'verse of the week'.

Welcome to Elmdon Church!

Elmdon Church exists for you. Because Christ loves you. Whoever you are, whatever your story, we'd love to get to know you.

Our time together begins with refreshments at 10.30am
11.00am Family Service

Richard Huss will preach on 2 Timothy 2:1-10

Open Church: 2.00pm-4.00pm

Midweek service:

Tuesday, 11th June at 2.00pm

Readings:

Mon	10 th June	Isaiah 12:1-13:22
Tue	11 th June	Isaiah 14:1-32
Wed	12 th June	Isaiah 15:1-16:14
Thu	13 th June	Isaiah 17:1-18:7
Fri	14 th June	Isaiah 19:1-20:6
Sat	15 th June	Isaiah 21:1-22:11
Sun	16 th June	2 Corinthians 9:6-15

Please pray for:

- Residents of Elmdon Park Road and Fallowfield Road.
- Bekah Clark preaching next Sunday.
- The exploited bonded brick kiln people of Pakistan, who are also subjected to physical, psychological and sexual abuse.
- For Bekah as she prepares to attend a '<u>Launchpad</u>' briefing at Bishop's Croft about youth ministry.

News, and dates for your diary:

Kitty Evans' funeral: Thursday, 20th June, 12.30pm, at Robin Hood Crematorium.

Pop Voices Annual Concert: Birmingham Town Hall, 20th July 2024, 3-5pm. Guest stars: Knowle Male Voice Choir, Pembrokeshire Pop Voices and a live band. Tickets £23.50 including booking fee. Please contact Sarah Leckie at Church, so that she can make an early "block" booking.

Rota availability: Thank you to everyone who serves on any of the Sunday morning teams. We will shortly be starting work on the next rota, to cover July to October. Lesley will be contacting existing rota members this week, through our new ChurchSuite system, to ask about your availability – watch out for an email, or speak to Bekah if you're not yet involved but would like to be.

Together in Solihull Careers Fair: Tuesday 18 June, 10am-2pm at Solihull College, Blossomfield Campus, Solihull, B91 3SB. **Are you new** to Solihull? Want to explore new careers or training opportunities to start? Together in Solihull will be delivered by Solihull Council, Solihull College and Breaking Barriers to showcase a range of providers including local, regional and national employers, education and training providers. For more information please email newcommunities@solihull.gov.uk or call 07584 440914.

Strong & Steady: Improve your strength and balance with simple exercises you can build into your daily routine. A free resistance band and exercise booklet is available for anyone aged over 50. This new initiative encourages and supports residents to be more active through incorporating simple strength and balance exercises into everyday life. As we get older regular strength and balance exercise is particularly important and has many benefits, including improving physical function and making everyday tasks easier, improving balance and mobility, reducing the risk of trips and falls, maintaining independence, and supporting a healthy mind.

Residents over the age of 50 can collect their free exercise booklet and resistance band from a Solihull library or leisure centre. For more information visit our **strength and balance website page** which also includes demonstration videos of all 10 exercises, and variations for 3 different difficulty levels.